



Request for Funding for the Visual or Performing Arts

- All funds may be used for a project in the 2019-20 school year or through December 1, 2020. Please take photos of your project's progression as the Foundation will periodically request an update.

(Requests will not be accepted without the requesting parties' signature)*

Deadline to Apply: March 13, 2020

Please complete all sections.

Requester:	Allyson Louzon
Project Title:	Dance Floor
School Name:	Leesburg High School
Academic Subject:	Dance
Grade(s):	9-12
Number of Students:	120
Number of Participating Teachers:	1
Amount Requested:	\$13,500
Project Need: (Please describe the demographics of your school and why this project is needed)	
<p>Leesburg High School is a Title 1 high school in Leesburg, Florida that serves approximately 1,400 students. The dance program is currently in its fourth year and its second year offering a full-time dance class schedule. Currently, the dance department serves upwards of 100 students across 6 dance classes daily and an after school dance program that rehearses twice and produces three full-length dance performances annually. The dance department is housed in a 1,440 square foot classroom with a tile floor. This project would aim to purchase and install a floating dance floor and subfloor system to provide a more stable and safe surface for our students to dance and rehearse on. The floor in the dance classroom, as it is now, is a very hard surface that can be extremely slippery and difficult to dance on. Research has shown that prolonged exercise on unsuitable surfaces can result in overuse injuries, especially in the knees (Wanke, <i>Dance floors as injury risk: analysis and evaluation of acute injuries caused by dance floors in professional dance with regard to preventative aspects</i>, 10/2012). According to a 2018 article published by Reuters, ACL injuries in children and teens have drastically increased over the last ten years (Crist, <i>Serious knee injuries increasing in kids and teens</i>, 2/19/2018). This year alone, the LHS dance department has had at least five students with knee injuries, two of which required surgery. Many of the dance styles we study in class include jumping movement and floor work, including rolling and sliding on the floor. Performing these types of movements on a hard tile surface puts extra pressure on the joints and muscles of the body and makes a dancer more susceptible to</p>	

injury. A sprung dance floor acts as a shock absorber for the joints when performing those movements. It provides the "give" that a dancer needs to safely dance with less risk of injury. The installation of a proper dance floor system will help to prevent overuse injuries and help to ensure the safety and well-being of LHS dance students and faculty.

Please provide a detailed budget of how funding will be expended for this project. Please include specific list and price quote for each item requested. Can be attached as a separate sheet.

Expense Category:	Amount:	Items to Purchase
Program Materials (Consumable)	N/A	N/A
Program Materials (Non-Consumable):	1. \$5,785.50 2. \$4,374.00 3. \$280 4. \$400 5. \$2,472.00	1. 399 subfloor panels at \$14.50 each 2. Marley flooring, 5l rolls at 48ft 3. 4" double face seam tape, 7 rolls at \$40 each 4. Transition ramp, 5 at \$80 each 5. Shipping
Equipment:	TBD	See project detail
Other (Please Specify Expense):	\$188.50	Unforeseen expenses
TOTALS	\$13,500.00	
In Kind Contributions that benefitted project:		Community outreach and engagement (see project detail)
Project Detail		
Project Summary: (In one or two sentences, please summarize your project) This project would provide the purchase and installation of a marley dance floor and floating subfloor system to help ensure the safety of all dance students, and to aid in preventing injuries, especially injuries of the knees. Dancing on an improper surface, especially a slippery or very hard surface can cause a dancer to hold back in their movement and technique, which can inhibit the growth and development of a dancer's skill and technical improvement. Installation of a proper dance surface will help to ensure the growth and development of the performance and education of all LHS dance students.		

Project Detail: (Please provide your project detail)

This project would provide funds for the purchase of gray Timestep flooring panels from Stagestep Flooring Solutions (<https://www.stagestep.com/dance-floors/timestep-collection/#timestep-collection/>) and the Springstep IV subfloor system (<https://www.stagestep.com/subfloor-systems/#springstep-iv>). This multipurpose flooring system can be used for multiple styles of dance, and it provides the proper traction and shock absorption for the safety of all dancers and prevention of injuries. The Springstep IV subfloor system comes in pre-assembled panels that snap together for easy installation over any hard surface floor, including concrete and tile, and it can be easily disassembled and reinstalled in a new location. The subfloor is a sprung surface that acts as a shock absorber for the take-off and landing of jumps. The Timestep marley overlay rolls out over the top of the subfloor and is taped or sealed at the seams to keep it in place. This surface provides sufficient traction to help prevent slips and falls during dance activities. Using these two products together provides a proper surface for dancers to safely perform a wide range of movements and to aid in injury prevention. Furthermore, purchase of high quality materials is essential in ensuring that the floor will last for an extended period of time. After extensive research and price comparison, along with the recommendation from several dance studio owners and teachers, we have come to the conclusion that Stagestep will give us the best value for our money.

We have explored a few options for installation of the dance floor system. As support from the community for the dance program becomes more widespread, we have had volunteers offer their time and expertise to the dance program. We have had an offer from a parent of a student to install the floor for a minimal fee. Another option that could be explored is to have our construction academy students install the floor for community service hours. We believe that our best option for installation is to lean on the support of the community.

Project Impact: (How will the teachers and students benefit from this project?)

Installing a sprung dance floor system in our dance studio will allow for our dance students to participate in class and rehearsals without fear of injury sustained from dancing on an improper surface. As a result of being able to fully commit to the movement without fear of injury, our dancers' will be able to fully focus on improving their dance technique and polishing their skills, and the caliber of our dance program will improve. We will then be able to produce a more highly-trained and well-rounded dancer. This will open up more opportunities for our dance students both at LHS and outside of school. Students with a higher technical skill can participate in dance intensives and workshops outside of school, study dance in college, and may even receive college scholarships.

Additionally, receiving the funds from this grant would allow us to switch our fundraising focus to provide more opportunities for our students. Instead of fundraising to pay for a dance floor, we would be able to use those funds to bring in guests artists and teachers, which would provide them the opportunity to learn about other dance styles that they may not otherwise be able to study. We could also afford transportation and funds to travel to workshops and performances outside of the school, which would raise awareness about our program within the community and help with recruiting and expanding our dance program.

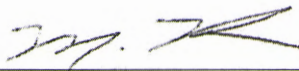
Project Evaluation Method: (How will you measure teacher and student success?)

As a result of this program, I will see a decrease in injuries in my students, both overuse and slip and fall injuries. I will also measure the technical improvement of my students as a result of having a proper surface to dance on. I believe that the rate at which my students advance will become more rapid as they are able to dance with more confidence and less fear of injury.

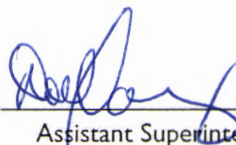
Project Timeline: (provide a project start date and completion date)

The start and end dates for this project can be flexible. Because the materials have to be ordered and shipped before installation, the project could start as soon as the materials arrive. I believe that installation of the floor could take anywhere from 1-3 days.

Project Approved By:



Principal

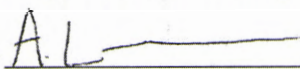


Assistant Superintendent/Superintendent

(A principal, assistant superintendent or superintendent signature is required for all requests over \$2,000.00. The superintendent's signature is required for all requests over \$5,000.00. The superintendent's signature is also required for all requests for curriculum or capital expenditures (other than building improvements)

*Requesting party has read and agrees with the funding policies of the Education Foundation.

Signed:



Date:

3/12/2020

Printed Name:

Allyson Louzon

Email:

louzona@lake.k12.fl.us

To be completed by foundation staff/board

Project meets Foundation Mission/Funding Policy: Yes or No

_____ Approved

_____ Denied

President Signature

Date